

Suggested Packing List

updated Jan 4, 2026

THE BIG STUFF

- Passport
- Source of Money (cash, credit card, Debit card & code, etc).
- Smart Phone
- Chargers for your electronics
- Power Converters
- Comfortable Walking Shoes** (tennis shoes, sandals, etc.), shoe arches - we will walk a LOT
- Daily Clothing (for cool & warm days)
- Small "carrier" for daily travels: souvenirs, water bottles, phone, camera, money, etc. (drawstring bag, back back, fanny pack, purse, etc) Headphones (can get on flight)

TOILETRIES & HYGIENE

- Shampoo & Conditioner (& Dry Shampoo)
- Deodorant
- Toothbrush
- Toothpaste
- Hairbrush / comb
- Hair accessories
- Glasses / contacts / contact solution
- Makeup Remover/Face Wipes
- Razor
- Feminine Products
- Washcloths (often NOT supplied at hotels)
- Cotton pads/Q-tips
- Scissors, tweezers, nail clippers
- Hand sanitizer and/or Wet wipes
- Face mask, in case of sickness

EXTRAS

- Ear plugs
- Luggage Scale (know your checked baggage weight limit)
- Water Bottle Carrier
- Zip Lock Bags

OTHER CLOTHING

- "Nice" clothing for evening meals - optional
- Belt
- Pajamas
- Undergarments / Socks
- Jacket or Coat (depending on season)
- Winter gear for December trips (gloves, ear coverings, etc)
- Shawl/Scarf to cover bare shoulders or legs for visiting churches
- Umbrella / raincoat / poncho

FIRST AID

- prescription meds (put in carry-on bags)
- Band-aids (include blister band aids)
- Aspirin, ibuprofen, acetaminophen
- anti-diarrhea meds, lact-aid
- Antiseptic cream
- Sunscreen, sunburn lotion or ointment
- Bug spray

MORE EXTRAS

- Swimsuit
- Sunglasses
- Hat / Cap
- Coin Purse
- Laundry Bag
- Addresses of people you want to send postcards to
- Sleeping eye Mask
- Neck Pillow
- Compression Socks
- Thank you cards/envelopes for tips at the end
- USB-C charging cable, if you have one
- Headphones (can get on flight)
- Makeup
- Small Portable Charger (pack in your carry-on)
- Dual Voltage Curling Irons

****Please note: These are only suggested items. Pack the items you will need/want.***