

# Suggested Packing List

updated May 5, 2026

## THE BIG STUFF

- Signed Passport
- Source of Money (cash, credit card, Debit card & code, etc).
- Smart Phone
- Chargers for your electronics
- Power Converters (not needed on cruiseships)
- Comfortable Walking Shoes** (tennis shoes, sandals, etc.), shoe arches - we will walk a LOT
- Daily Clothing (for cool & warm days)
- Small "carrier" for daily travels: souvenirs, water bottles, phone, camera, money, etc. (i.e. drawstring bag, back pack, fanny pack, purse, etc)
- Headphones for Europe Land Tours, not cruise adventures (can get on flight from airline)

## TOILETRIES & HYGIENE

- Shampoo / Conditioner (not needed on cruise ships)
- Deodorant
- Toothbrush / Toothpaste
- Hairbrush / comb
- Hair accessories
- Glasses / contacts / contact solution
- Makeup Remover/Face Wipes
- Razor
- Feminine Products
- Washcloths (often NOT supplied at European hotels, but will be supplied on the ship)
- Cotton pads/Q-tips
- Scissors, tweezers, nail clippers
- Hand sanitizer and/or Wet wipes
- Face mask, in case of sickness

## EXTRAS

- Luggage Scale (know your checked baggage weight limit)
- Water Bottle Carrier
- Zip Lock Bags
- Magnets hooks for cruise ship walls
- powerstrip with USB and/USB-C plug options (for cruise ships: non-surge)

## OTHER CLOTHING

- "Nice" clothing for evening meals - optional
- Belt
- Pajamas
- Undergarments / Socks (pack 1 pair in carry-on)
- Jacket / Coat
- Head covering (for rain, wind, etc)
- Winter gear for cold environments
- Shawl/Scarf to cover bare shoulders or legs for visiting churches
- Umbrella / raincoat / poncho

## FIRST AID

- prescription meds (put in carry-on bags)
- Band-aids (include blister band aids)
- Aspirin, ibuprofen, acetaminophen
- anti-diarrhea meds, lact-aid
- Antiseptic cream
- Sunscreen, sunburn lotion or ointment
- Bug spray

## MORE EXTRAS

- Dry Shampoo
- Swimsuit
- Sunglasses
- Hat / Cap
- Coin Purse
- Laundry Bag
- Addresses for sending postcards
- Sleeping eye Mask / ear plugs
- Neck Pillow
- Compression Socks
- Thank you cards/envelopes for tips at the end (for European land trips, not cruises)
- USB-C charging cable, if you have one (not needed on cruise ship adventures)
- Small Portable Charging bank (pack in your carry-on)
- Portable fan for hotel room
- Dual Voltage Curling Irons
- Plastic Sleeves for cruise luggage tags (or tape or stapler)

***\*Please note: These are only suggested items. Pack the items you will need/want.***